



FRACTIONAL RF MICRONEEDLING POST CARE INSTRUCTIONS

- Wait at least 4 hours before washing face or applying soap, cream or makeup to the treatment area.
- Avoid sun exposure and use a broad spectrum sunscreen (UVA/UVB) to prevent further sun damage.
- No sun-tanning or self-tanners 4 weeks prior to treatment, and immediately after treatment.
 - *Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.*
- Avoid heat - hot tubs, saunas, etc. for 1-2 days.
- Avoid skin irritants (examples below) a few days before and after treatment.
 - *Products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, vitamin C/ ascorbic acid, astringents, etc.*
- Bruising, redness, swelling or a grid pattern may occur and resolve with time.
- More aggressive treatments or use of irritants in the days prior to or after treatment can lead to longer downtime.
- Multiple treatments are required.
- Notify clinic of any concerns (blistering, excessive redness/swelling, persistent grid pattern, etc.)
- Consult with clinic about when to resume skin care regime.

IF YOU HAVE ANY QUESTIONS OR CONCERNS,
PLEASE CONTACT US
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OR EMAIL US: INFO@TTMSPA.COM



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